

Health Risk Behaviors Among Hispanic Adults Within the State of Michigan: 2012 Hispanic Risk Factor Survey

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October 2014

ABSTRACT

This report presents estimates from the 2012 Hispanic Behavioral Risk Factor Survey (HBRFS), a statewide landline and cell phone survey of Hispanic residents in Michigan aged 18 years and older. It is the first report of state-specific, population-based estimates of the prevalence of various health behaviors, medical conditions, and preventive health care practices that focuses specifically on Hispanic adults in Michigan. The survey findings are used by public health agencies, academic institutions, non-profit organizations, and others to develop programs that promote the health of Hispanic adults in Michigan. A number of themes emerge from the findings of the 2012 HBRFS that have implications for public health: approximately 4 in 10 Hispanic adults in Michigan are obese; nearly 1 in 4 Hispanic adults in Michigan report no health care coverage; about 1 in 3 Hispanic adults in Michigan report worrying about having enough money to buy nutritious meals; over half of Hispanic adults in Michigan report being tested for HIV; approximately 1 in 5 Hispanic adults in Michigan report ever being told they had arthritis; approximately 15% of Hispanics in Michigan report ever being told they had diabetes; nearly 1 in 3 Hispanic adults in Michigan report being told they have a depressive disorder.